



## PRODUCT INSTRUCTION SHEET

**PRODUCT CATEGORY:** Sensonics Snap & Sniff® Eco-Friendly Olfactory Test

**PRODUCT NAME:** Snap & Sniff® Odor Identification Test (S&S-I)

**WEIGHT:** 8.68 lb. (3.937 kg)

**DIMENSIONS:** 9.5 x 9.5 x 11 in (24.1 x 24.1 x 27.9 cm)

### DESCRIPTION:

Using the patented user-friendly Snap & Sniff® wands, this odor identification test includes the following 16 odors: orange, peppermint, turpentine, clove, leather, banana, garlic, rose, fish, lemon, coffee, anise, cinnamon, licorice, apple, and pineapple. The answer sheet shows options in picture and word format to allow for use with adults and children, including non-English speakers. Odorants are chosen for cross-cultural familiarity.



- **General instructions**

- The odor identification test administration time typically takes less than 15 minutes.
- The test can be performed as a bilateral evaluation (both nostrils) or as a unilateral evaluation.
- If a subject has significant nasal congestion (even in a single nostril) on the day scheduled for odor test evaluations, consideration should be given to postponing testing.

- **Test materials**

- Sensonics International Snap and Sniff® Odor Identification Test Kit (Multiple Use).
- Odor identification test response form (to record the subject's responses).
- Pencil (recommended) or pen.

- **Test environment**

- Perform the assessment in a quiet room with clean air and, if possible, at a temperature of **20 - 21.7 °C (68 - 71 °F)**.  
**Avoid testing in environments that are too hot or cold.**
- Allow the test kit to reach room temperature 10 to 15 minutes before starting the test, especially if stored at a different temperature (e.g. in the refrigerator).
- Both tester and subject should avoid wearing perfume, creams, or other strong fragrances when testing. Also advise the subject to avoid wearing strong fragrances on the day of this test.
- Wash your hands thoroughly with an unscented soap. If your hands smell like tobacco, wear odorless, unscented gloves.

- **Preparing for Test Administration**

- Before the day's test, push the collar of each rod to open its end and allow any odor accumulated during storage to dissipate; if the kit is new, there will be a small piece of adhesive tape attached to the collar of each rod. Remove and dispose of the tape before using the rod.
- Place the kit on a flat surface or table prior to testing.

- **Instructions for the subject**

- Read the following instructions to the subject so that they clearly understand the test procedure: ***"This test is designed to determine your ability to identify common odors. The chemicals employed in this test are safe, are***

*found in many consumer products, and have been smelled by thousands of subjects without adverse effects. You will be presented with 16 separate wands, each containing a different odor. You are to indicate on the response form which of the four options the odor smells like. If you are not sure, you must guess.”*

- Before performing the first odor of the test, demonstrate the process to the subject by presenting a stimulus wand as you will in the test, or allow the subject to try using a wand if they will be self-administering the test.
- **Test administration**
  - **Presentation of stimuli**
    - Take the rod from the box.
    - Place the tip of the rod under the subject's nose, close to the area between the two holes, and press forward with your thumb on the sliding collar to release the odor.
    - Hold for 3 to 5 seconds. Ask the subject to smell.
    - If a professional is administering the test, tell the subject to point to the picture/name that most smells like the odor they smelled.
    - If the subject is self-administering the test, tell the subject to place an X on the picture/name that most smells like the odor they just smelled.
    - Close the odor tip by releasing the sliding collar or pushing it back toward the bottom of the rod and place the rod back into its hole.
    - Present the stimulus wands in the order indicated on the response form.
  - **Recording of responses**
    - The wands are labeled 1 through 16 and the response forms provide an easy-to-follow pattern of presentation for each trial.
    - For each line on the response sheet, an X should have been placed placed over the picture/name identified by the subject.
    - Once testing is completed, place a check in the box to the right of each correctly identified odor. Count the checks for the subject's/patient's results.

#### **MAINTENANCE AND CONSERVATIONN OF THE TEST KIT**

- At the end of each test make sure that the odor tip of each rod is fully closed. If, for any reason, the rod spring is not completely closing the odor tip, the tip can be closed by pushing the collar back to the bottom of the rod. If the rod gets stuck, apply some Krytox lubricant (provided with each kit) to grease the black O ring exposed when pushing the rod collar.
- Store the test kit in a safe place below 71°F (21.7°C). It may be stored in the refrigerator. **Do not store the kit in a room with a high temperature.**



30°C

Upper limit storage  
temperature



Keep Dry



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