



PRODUCT INSTRUCTION SHEET

PRODUCT CATEGORY: Sensonics Snap & Sniff® Eco-Friendly Olfactory Test (+G051SNSTY)

PRODUCT NAME: Snap & Sniff® Odor Discrimination Test (S&S-D)

WEIGHT: 14.76 oz

DIMENSIONS: 11 x 15.5 x 17 in

DESCRIPTION:

Encased in the patented user-friendly Snap & Sniff® wands, this odor discrimination test uses the following odorants: rose, licorice, banana, and burnt rubber. Because the odorant is presented briefly, the odor is retained for much longer periods and can be used for testing many more subjects than devices lacking such sophisticated technology. This optimizes the number of trials presented per unit time. Includes an ergonomically-designed carrying case.



INSTRUCTIONS:

- **General instructions**
 - Only qualified professionals should administer the test.
 - The odor discrimination test administration time typically takes about 15 minutes.
 - The test can be performed as a bilateral evaluation (both nostrils) or as a unilateral evaluation.
 - If a subject has significant nasal congestion (even in a single nostril) on the day scheduled for odor test evaluations, consideration should be given to postponing testing
- **Test materials**
 - Sensonics International Snap and Sniff® Odor Discrimination Test Kit (Multiple Use).
 - Odor discrimination test response form (to record the subject's responses).
 - Pencil (recommended) or pen.
- **Test environment**
 - Perform the assessment in a quiet room with clean air and, if possible, at a temperature of **20 - 21.7 °C (68 - 71 °F)**. **Avoid testing in environments that are too hot or cold.**
 - Allow the test kit to reach room temperature 10 to 15 minutes before starting the test, especially if stored at a different temperature (e.g. in the refrigerator).
 - Both tester and subject should avoid wearing perfume, creams, or other strong fragrances when testing. Also advise the subject to avoid wearing strong fragrances on the days of this test.
 - Wash your hands thoroughly with an unscented soap. If your hands smell like tobacco, wear odorless, unscented gloves.

- **Preparing for Test Administration**

- Before the day's test, push the collar of each rod to open its end and allow any odor accumulated during storage to dissipate. If the kit is new, there will be a small piece of adhesive tape attached to the collar of each rod. Remove and dispose of the tape before using the rod.
- Place the test kit on the table so that the subject does not see the labels on the top of the rods. Use the lid of the box to block the view of the subject.
- The tester should sit at the corner of the table and have the subject sit in such a way that his/her nose is easily within reach of the preferred hand of the person administering the test.

- **Instructions for the subject**

- Read the following instructions to the subject so that they clearly understand the test procedure: ***"This test is designed to determine your ability to discriminate between different odors. The chemicals employed in this test are safe, are found in many consumer products, and have been smelled by thousands of subjects without adverse effects. On each trial of this multi-trial test, you will be presented with three odors from smell wands, one after the other. Two of the wands will have the same odorant, and one will be a completely different odor. You are to report which one—the first, second, or third wand—is different from the others. I will instruct you as to when to sniff. If you are unable to discern a difference, you must do your best to try to distinguish which odor is not the same as the other two; if you are not sure, you must give me your best guess."***
- Before performing the first administration of the test, demonstrate the process to the subject, presenting a first, second, and third rod.

- **Test administration**

- **Presentation of stimuli**
 - Take the rod from the box.
 - Place the tip of the rod under the subject's nose, close to the area between the two holes, and press forward with your thumb on the sliding collar to release the odor.
 - Hold for about 2 seconds. Ask the subject to smell.
 - Indicate aloud the sequence number of the presented wand: *"here's the first one."*
 - Close the odor tip by releasing the sliding collar or pushing it back toward the bottom of the rod and place the rod back into its hole.
 - Repeat the previous steps with the second and then the third stimulus wand.
 - Indicate aloud the sequence number of each presented wand: *"here's the second; here's the third."*
 - Ask the subject to provide an answer indicating which of the smells is different: first, second, or third.
 - Present the stimulus trios in the order indicated on the response form.
- **Recording of responses**
 - The wands are labeled 1 through 20 and the response forms provide an easy-to-follow pattern of presentation for each trial.
 - Circle the first, second, or third number on the response form based on the patient's response.
 - Once testing is completed, count the red numbers that are circled and that will give you the test result, i.e., the number of correct responses.

MAINTENANCE AND CONSERVATION OF THE TEST KIT

- At the end of each test make sure that the odor tip of each rod is fully closed. If, for any reason, the rod spring is not completely closing the odor tip, the tip can be closed by pushing the collar back to the bottom of the rod. If the rod gets stuck, apply some Krytox lubricant (provided with each kit) to grease the black O ring exposed when pushing the rod collar.
- Store the test kit in a safe place below 71°F (21.7°C). It may be stored in the refrigerator. **Do not store the kit in a room with a high temperature.**



30°C

Upper limit storage
temperature



Keep Dry



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